

RESOLUTION No. _____, SERIES 2007

**A RESOLUTION RECOGNIZING NOVEMBER AS OBESITY AWARENESS
MONTH FOR LOUISVILLE METRO.**

SPONSORED BY: COUNCILWOMAN VICKI AUBREY WELCH

WHEREAS, overweight and obesity have reached epidemic proportions in the U.S, Kentucky and Louisville Metro; and

WHEREAS, an estimated 400,000 deaths per year in the U.S. are caused by overweight and obesity by raising the risk of heart attacks, stroke, high blood pressure, type 2 Diabetes and cancers of the colon/breast/prostate; and

WHEREAS, excess weight is the 2nd leading cause of preventable deaths in the U.S.; and

WHEREAS, the percent of adults who are obese has more than doubled since 1980; and

WHEREAS, in 2005 the percent of the adult population who were obese was 24.4% for the United States, 28.6% for Kentucky and 27.1% for Louisville Metro; and

WHEREAS, in Kentucky, approximately 38% of adults are overweight, 28% are obese, and 30% of adults are physically inactive; and

WHEREAS, Kentucky ranks 1st in the nation in overweight high school aged youths (ages 12-19), which is 16% of Kentucky youths compared to 13% in the rest of the U.S.; and

WHEREAS, 18% of children on WIC ages 2-4 are at risk of being overweight; and

WHEREAS, 21% of Kentucky high school boys are overweight compared with 10% of girls; and

WHEREAS, the Mayor's Healthy Hometown Movement is a community-wide effort to create a new culture in Louisville Metro where physical activity and good nutrition are the norm; and

WHEREAS, the Kentucky Nurses Association, Public Health and Wellness, Passport Health Plan and Louisville Metro Government are partnering to bring community awareness of the Obesity Epidemic in Louisville Metro, Kentucky, and the U.S.A.

NOW, THEREFORE, BE IT RESOLVED BY THE LOUISVILLE METRO COUNCIL AS FOLLOWS:

Section 1. Louisville Metro Government recognizes the month of November as Obesity Awareness Month in Louisville Metro, and encourages all its citizens to work towards or continue to maintain a healthy lifestyle.

Section 2. This Resolution shall take effect upon its passage and approval.

Kathleen J. Herron
Metro Council Clerk

Rick Blackwell
President of the Council

Jerry E. Abramson
Mayor

Approved:_____
Date

APPROVED AS TO FORM AND LEGALITY:
Irv Maze
Jefferson County Attorney

BY: _____

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